

# **Advanced Offensive Skills Training Camp – Rapid City**

## Camp Date: July 17-19, 2016

Location: St. Thomas More High School Gym 300 Fairmont Blvd., Rapid City SD 57701

#### Session 1: 8th - 12th grade girls

Sunday, July 17 ......1:00-4:00 pm Monday, July 18 .....TBA Tuesday, July 19.....9:00-noon

#### Session 2: 8th - 12th grade boys

Sunday, July 17 .......5:00-8:00 pm Monday, July 18 .....TBA Tuesday, July 19.....1:00-4:00 pm Space is limited to 40 athletes per session.



#### **Cost: \$165**

(Day 2 is shooting session-times will be determined at the first day, based on the number of athletes attending camp. This helps to ensure we have the most productive shooting session and optimal teaching environment.)

### **Each Camper Receives:**

- · Warwick Workout basketball shorts
- 2 Warwick Workout T-shirts

#### **Camp Overview:**

The Warwick Workout Advanced Offensive Skills Camp is designed for players looking to enhance and expand their skill set. Coach Shane Warwick and his staff will work with players to excel in their respective positions through intense instruction. The camp has a session focused on shooting, including the shooting program and pro-shooting series. Athletes will also participate in drills, such as heat shooting, magic shooting, warrior shooting and fast-break shooting. Advanced ball handling concepts are also taught throughout the camp.

### **Camp Features:**

- Perimeter moves currently used by college and NBA players
- Shooting instruction and development
- Footwork and shot preparation
- Creating space to score
- Advanced ball handling concepts
- Shooting and scoring drills learned in camp transfer to individual off-season development

## To Register for the Advanced Offensive Skills Camp:

Please go online to www.WarwickWorkouts.com

Find your camp under the REGISTER HERE tab. *Payment can be accepted at the time of registration.* 

Camp directed by Shane Warwick.
For more information, visit our website at WarwickWorkouts.com
or warwickworkouts@gmail.com

The Ultimate Camp Experience



